

Grocery List & Menu

- Produce**
- Carrots
 - Celery
 - Onions
 - Peppers
 - Garlic
 - Potatoes (R/B)
 - Lettuce/Salad
 - Apples/Oranges
 - Lemons/Limes
 - Bananas
 - Cabbage
 - _____
 - _____

- Condiments**
- Oil (Olive/Veg)
 - Ketchup
 - Mustard (Dij/Yel)
 - Dressing (kind: _____)
 - Peanut Butter
 - Jelly
 - Vinegar (AC/Wht)
 - Honey
 - Mayo
 - Pickles
 - Olives
 - _____
 - _____

- Baking Goods**
- Baking Soda/Powd.
 - Chocolate Chips
 - Nuts (Kind: _____)
 - Yeast
 - Salt
 - Flour (AP/Bread)
 - Sugar (Wh/Br/Pw)
 - Corn Starch
 - Raisins
 - Baking Cocoa

- Pumpkin
- Cornmeal
- Vanilla
- Herbs & Spices:
- _____
- _____
- _____

- Dry or Canned Goods**
- Coffee
 - Tea
 - Hot Cocoa
 - Mushrooms
 - Beans: _____
 - Split Peas
 - Mac & Cheese
 - Rice
 - Re-fried beans
 - Sour kraut
 - Water chestnuts
 - Soy sauce
 - Ramen
 - Salsa
 - Green chilies
 - Pasta: _____
 - _____
 - _____

- Tomato: Sauce/Paste/Diced/Fire-roasted
- Broth (Ck/Bf/Veg)
- Cereal
- Oats
- Chips/crackers: _____
- _____
- _____

- Meats**
- Deli: _____
 - _____
 - Bacon/Sausage

- Keilbasa/Brats/Dogs
- Chicken: _____
- _____
- Beef: _____
- _____
- Pork: _____
- _____
- Ham
- _____
- _____

- Cold & Frozen**
- Pizza
 - Wings
 - Eggs
 - Fruit juices
 - Cheeses: (Mozz/Sws/Ched/Pr ov/CoJack/_____)
 - Parmesan
 - Cream cheese (tub/block)
 - Mascarpone/Ricotta
 - Butter
 - Yogurt
 - Milk
 - Half & half
 - Frozen Vegetables: Corn/Grn Beans /Brocc/mixed/peas/okra/_____
 - Ice cream
 - _____
 - _____
 - _____

- Non-Food Items**
- Shampoo/Condit.
 - Deodorant
 - Lotion
 - Toothpaste/floss
 - Soap/Body Wash

- Qtips/Cotton Balls
- Rub. Alch/WitchHzl
- Peroxide
- Razors/Shave Crm
- _____
- Toilet Paper
- Tissues
- Paper towels
- Trash bags
- Storage bags (Snd/Pnt/Qt/Gal)
- Foil/Parchment Ppr
- Plastic Wrap
- Dish Soap/Deterg.
- Light Bulbs
- Laundry: (Borax/Washing Soda/Soap/Bleach)
- Batteries: _____
- Pets: _____
- _____
- _____
- _____

Menu

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____
8. _____
9. _____
10. _____
11. _____
12. _____
13. _____
14. _____
15. _____
16. _____
17. _____
18. _____

Notes: