

COMPANION PLANTING GUIDE FROM COSMOPOLITAN CORNBREAD

Plant	Loves	Hates
Asparagus	Basil, Parsley Tomatoes (<i>protect from asparagus beetles</i>)	
Beans	Beets Cabbages Carrots Cauliflower Cucumbers Marigold (<i>Mexican bean beetle deterrent</i>) Summer Savory	Gladiolus Onion family (including garlic, chives or shallots)
Beans (bush, green, snap, wax, string, butter)	Cucumbers Strawberries Corn Summer Savory	Fennel Onion family (including garlic, chives or shallots)
Beans (pole)	Corn (<i>corn provides structure, beans provide nitrogen</i>) Radishes Summer Savory	Beets Kohlrabi Sunflower
Beets	Bush Beans Cabbage family (cabbage, broccoli, collards, kale, etc.) Lettuce Onion Kohlrabi	Field Mustard Pole Beans
Cabbage Family (broccoli, cabbage, cauliflower, kale, kohlrabi, Brussels sprouts, collards, rutabaga, turnips)	Beets Celery Chamomile (sparsely) Dill Onions Peppermint Potatoes Rosemary Sage	Tomatoes Pole Beans Strawberries

COMPANION PLANTING GUIDE FROM COSMOPOLITAN CORNBREAD

Plant	Loves	Hates
Carrots	Chives Leeks Leaf lettuce Onions Radishes Rosemary Sage	Apple trees Dill
Celery	Bush Beans Cabbage Cauliflower Leeks Tomatoes	
Collards	Tomatoes	
Corn	Beans (<i>nitrogen fixer</i>) Cucumbers Peas (<i>nitrogen fixer</i>) Potatoes Pumpkin Squash Sunflowers (<i>alternating rows with corn reduces army worm risk</i>) Melons	Tomatoes
Cucumbers	Beans Corn Peas Radishes (<i>planted among the mounds, and left to go to seed – protects against cucumber beetles.</i>) Sunflowers	Aromatic herbs Potatoes (<i>blight on cucumbers</i>)
Eggplant	Green Beans	
Kale	Cabbage Potatoes	

COMPANION PLANTING GUIDE FROM COSMOPOLITAN CORNBREAD

Plant	Loves	Hates
Kohlrabi	Aromatic Herbs Beets Cucumbers Mustard Onions	Tomatoes Pole Beans Strawberries
Lettuce	Carrots Cucumbers Onions Radishes Strawberries	
Melons	Corn Morning glory flowers Sunflower	Potatoes
Onions	All Cabbage Family Beets Chamomile (sparsely) Lettuce Roses Strawberries Summer savory Tomatoes	Beans Peas
Parsley	Asparagus Carrots Roses Tomatoes	
Peas	Beans Carrots Corn Cucumbers Potatoes Radishes Turnips	Garlic Gladiolus Onions
Peppers (Sweet)	Basil Okra	

COMPANION PLANTING GUIDE FROM COSMOPOLITAN CORNBREAD

Plant	Loves	Hates
Pumpkins	Corn	Potatoes
Radishes	Nasturtiums Kohlrabi Bush beans Pole beans	Hyssop
Rhubarb	Columbine flowers	
Spinach	Strawberries	
Squash	Icicle Radishes (left to go to seed) Nasturtiums	
Tomatoes	Asparagus Basil Bee Balm Carrots Chives Garlic Gooseberries Marigold Nasturtium Onion Parsley Stinging nettle	Apricots All Cabbage Family Corn Potatoes Fennel
Watermelon	Potatoes (mulched with straw)	Any plant that is tall and will block sunlight

“Three Sisters”: Make a mound of soil about 1 foot high and 4 feet wide. Sow six kernels of corn about ten inches apart in a circle of about 2 feet in diameter.

When the corn is about 6 inches tall, plant 4 bean seeds, evenly spaced, around each stalk. One week later, plant 6 squash seeds, evenly spaced around the perimeter of the mound.